**1.1(b) Why go to the woodlands – group discussion activities**

**What are the benefits of regular visits to woodlands and nearby greenspace for children?**

· Brainstorm your ideas

· Identify your top 3 reasons and write each on one piece of card

· Circle the most important one Be prepared to share your thoughts with other groups.

**What the research says? Read the research snippets. As a group discuss:**

· What snippet did you find most interesting and why?

· How can you take account of this research in your practice?

· Which piece most strongly resonates with the group? This is the one to share with the others when feeding back.

**What is special about going to a wood?**

Identify 10 things that are special and that we should try to make best use of when we take children to woodlands.

What can happen there which could not happen at your settings?

Discuss your ideas as a group. Be prepared to share your thoughts with other groups.